

## One Thing

One Thing I Desire, One Thing is Needed, One Thing I Do

(Ps 27:4) One thing I have desired of the LORD, that will I seek: that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to inquire in His temple.

### **One Desire I Seek - continually dwelling in His Presence to Experience Him** (Encounter)

the Secret Place of His Presence is Protection from Distress

(Ps 27:5) For in the time of trouble He shall hide me in His pavilion; in the secret place of His tabernacle

(Ps 31:20) You shall hide them in the secret place of Your presence from the plots of man; You shall keep them secretly in a pavilion from the strife of tongues.

(Ps 91:1) He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.

the Secret Place of His Presence is accessed through Prayer (Worship - Psa 22:3)

(Mt 6:6) “But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

NT - we are His Temple, His Dwelling Place (1 Cor 3:16)

practicing His Presence

being “in the moment” with Him

(Lk 10:38-42) Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus’ feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, “Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me.” And Jesus answered and said to her, “Martha, Martha, you are worried and troubled about many things. “But one thing is needed, and Mary has chosen that good part, which will not be taken away from her.”

### **One Need I Choose - Undistracted Attention to His Word**

Worry and His Word confront each other - Choose

(Pr 12:25) Anxiety in the heart of man causes depression, but a good word makes it glad.  
*your choice will affect your emotions*

We Live by His Words (practical filter)

(Mt 4:4) But He answered and said, “It is written, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’”

(Jn 6:63) The words that I speak to you are spirit, and they are life.

Proverbs 3 - the Wisdom of living by God’s Words

(Pr 3:2) For length of days and long life and peace they will add to you.

(Pr 3:8) It will be health to your flesh, and strength to your bones.

(Pr 3:22) So they will be life to your soul

(vs 24-25) “you will not be afraid”

the world wants you to live in fear - confront fear with His Words

(Phl 3:12-14) Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

**One Thing I Do - Focus on Pursuing my Calling** (can't look back at my failures) **VIDEO**

You can't walk in Faith and live in the past. (victim or victor)

(Lam 3:21-23) This I recall to my mind, therefore I have hope. Through the LORD's mercies we are not consumed, because His compassions fail not. They are new every morning; Great is Your faithfulness.

**Story Context** - (Jn 9:25) He answered and said, "Whether He is a sinner or not I do not know. One thing I know: that though I was blind, now I see."

**One Indisputable Witness - a Testimony**

Testimony trumps religious debate

If you do the three "one things", you'll get a testimony

(Lk 18:22-23) So when Jesus heard these things, He said to him, "You still lack one thing. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me." But when he heard this, he became very sorrowful, for he was very rich.

**One Barrier to the three "One Things" - anything more important to you than Jesus**  
(money, reputation, comfort, desires...)

(Mt 16:24-25) Then Jesus said to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. "For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it.

(Lk 14:33) "So likewise, whoever of you does not forsake all that he has cannot be My disciple.

Everything has to be on the table.

There are other things, but the three "one things" ought to be the first things.