Sit, Walk, Stand

Watchman Nee’s book on Ephesians

Ch 1-3: Doctrinal - Position in Christ - relationship with God - SIT
Ch 4-6: Practical - Life in World (4:1-6:9) - relationships with people - WALK
- Position re: Devils (6:10-24) - STAND

Thesis Statement of Ephesians (Eph 1:3)

*every Spiritual Blessing in Heavenly Places in Christ*

Five Key Themes of Chapters 1-3

**Predestined to Redemption by Grace through Faith in Him** (Position)

SIT

(1 Ep 2:6) raised us up together, and made us *sit together* in the heavenly places in Christ Jesus

*We must be Seated in Christ* (by Faith) before we can Walk.

*We are Invited to Experience His Finished Work* (Position), not Earn it (Rom 8:31-39)

(Col 3:1-3) If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God.
*Set your mind* on things above, not on things on the earth.

For you died, and *your life is hidden with Christ in God.*

**Sitting is a Mindset** (Rom 6:11, 12:2)

SIT and STAY in Position

abide in Me (Jn 15:4), abide in My love (Jn 15:9)

“in Him” *4 times in Eph 1*...live, move, have our being (Acts 17:28), all things consist (Col 1:17), all fullness dwells (Col 1:19), all the promises of God are yes and amen (2 Cor 1:19-20), we are the righteousness of God (2 Cor 5:2, Phil 3:9), we are complete (Col 2:10)

*21 times in 1 Jn* - no darkness, no sin, love of God perfected, no cause for stumbling, anointing we’ve received abides, confidence He hears us

WALK

worthy of His calling (Eph 4:1), no longer in futility (Eph 4:17), in love (Eph 5:2), as children of light (Eph 5:8), circumspectly/wise (Eph 5:15)

**Practical Expression of Spiritual Position** - predicated on Sitting

(1Jn 2:5-6) By this we know that we are in Him. He who says he *abides in Him* ought himself also to walk just as He walked.

**only God can meet His Impossible Standards** (Sermon on the Mount)

(Phl 2:12-13) 12 Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, *work out* your own salvation with fear and trembling; 13 for it is God who *works in* you both to will and to do for His good pleasure.

we can only work out what God has worked in

**beyond our Rights to Expressing His Wealth** (we died to be hidden in Him - Col 3:3)

**beyond right Actions (responsibility) to Expressing His Nature**

we aren’t told to progress over time, but to Redeem Time (Eph 5:16) - Position

Walk...in the Spirit (Gal 5:16), in newness of life (Rom 6:4), by faith (2 Cor 5:7), in the light (1 Jn 1:7), in the truth (3 Jn 3-4)
STAND
4 times in Eph 6

don’t be Moved out of Position by devils - place of Reliance on God
    they don’t get us to sin so much as get us out of Position where our sin nature can rule
    we don’t gain ground so much as hold the Position Christ already gained (Rom 8:37)

Sitting is a Mindset, Spiritual Warfare is not being moved off it (2 Cor 10:3-5)
(Ro 14:4) Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

our part is to Rest by faith in Him